



# How to find us

Brainwave South East Centre



[www.brainwave.org.uk](http://www.brainwave.org.uk)

Enquiries: [enquiries@brainwave.org.uk](mailto:enquiries@brainwave.org.uk)

See what we do at: [www.youtube.com/BrainwaveCentre](http://www.youtube.com/BrainwaveCentre)

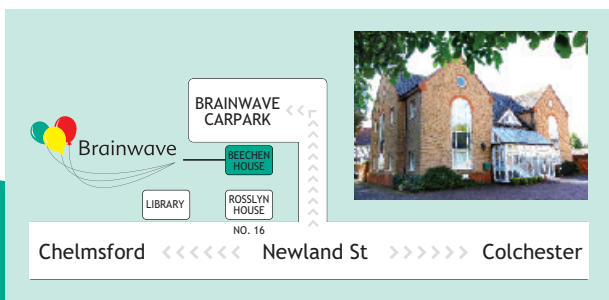
# How to find us

## From the A12 Southbound (from Norfolk/Colchester)

- Exit the A12 at Junction 22, then merge onto the B1389 signposted to Witham.
- Continue forward onto the B1389, entering Witham.
- Continue forward through mini-roundabout and traffic lights.
- Look to your right for the Brainwave signs on pillars either side of a narrow driveway leading to Beechen House.

## To Witham by train

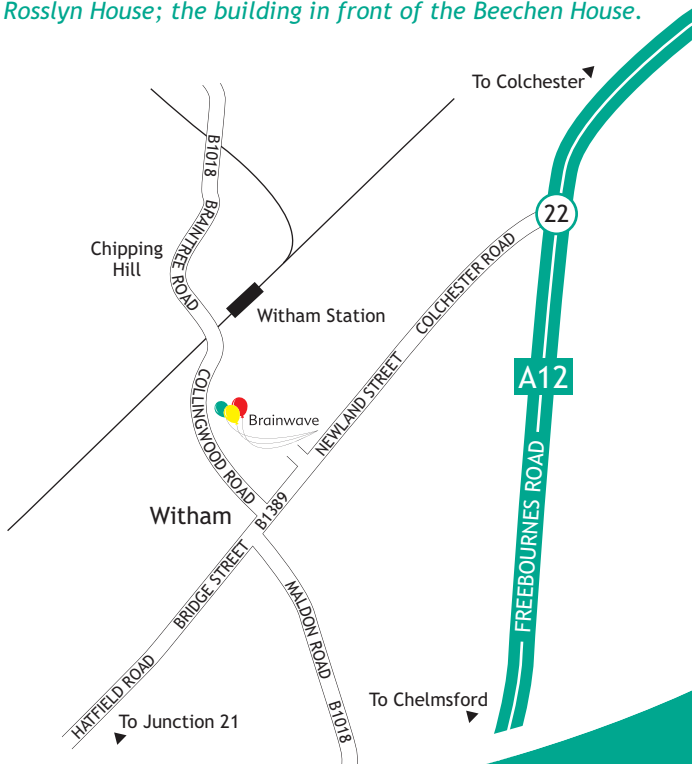
- Witham is a 40 minute train journey from London Liverpool Street station, with trains operated frequently at peak times by the 'One' railway company.
- The Centre is only a few minutes drive from the station. There is a taxi rank immediately outside the station. They charge a minimum £4 fare.
- The Crusader mini-cab hire company currently charge £2.80 to the Brainwave Centre. They are based a few yards across the road from the station, having turned left at the station exit.
- The walk to the Centre is less than 10 minutes and is an easy walk, with the only incline being the railway bridge.
- Turn left on leaving the station. Continue to the end of Station road. Turn left and cross the railway bridge. Continue straight until reaching the mini-roundabout. Bear towards left-hand turning but take the right fork into The Avenue. Turn right at traffic lights and continue until you see the Brainwave signs at the entrance to the driveway to the Brainwave Centre.



## From the A12 Northbound (from Kent, London and Brentwood)

- Exit the A12 at Junction 21, then merge onto the B1389 signposted Witham.
- At roundabout take the 1st exit onto the B1389, entering Witham.
- Continue forward through mini-roundabouts and through 4 sets of traffic lights.
- Look to your left for Brainwave signs on pillars either side of a narrow driveway leading to Beechen House.

*Useful visible landmark: The glass-domed conservatory of Rosslyn House; the building in front of the Beechen House.*



## For further information please contact:

### **Brainwave SW Centre**

Marsh Lane  
Huntworth Gate  
Bridgwater  
Somerset TA6 6LQ

T: 01278 429089

[enquiries@brainwave.org.uk](mailto:enquiries@brainwave.org.uk)

### **Brainwave SE Centre**

Beechen House  
Rear of 16 Newland Street  
Witham  
Essex CM8 2AQ

T: 01376 505290 / 503608

[enquiriesse@brainwave.org.uk](mailto:enquiriesse@brainwave.org.uk)

### **Brainwave NW Centre**

Unit 602  
Birchwood One Business Park  
Dewhurst Road  
Birchwood  
Warrington WA3 7PU

T: 01925 825547

[enquiriesnw@brainwave.org.uk](mailto:enquiriesnw@brainwave.org.uk)



*‘Our whole experience at  
Brainwave was a positive one  
and we left with a positive,  
hopeful feeling.’*

[www.brainwave.org.uk](http://www.brainwave.org.uk)

See what we do at: [www.youtube.com/BrainwaveCentre](http://www.youtube.com/BrainwaveCentre)

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