

Brainwave has three permanent Centres as well as running satellite clinics in Scotland and Ireland twice a year.

South West Centre

Marsh Lane, Huntworth Gate,
Bridgwater, Somerset, TA6 6LQ

T: 01278 429089 Fax: 01278 429622

E: enquiries@brainwave.org.uk

South East Centre

Beechen House, Rear of 16 Newland Street,
Witham Essex CM8 2AQ

T: 01376 505290/503608

E: enquiriesse@brainwave.org.uk

North West Centre

Unit 602, Birchwood One Business Park,
Dewhurst Road, Birchwood, Warrington WA3 7PU

T: 01925 825547

E: enquiriesnw@brainwave.org.uk

Satellite clinics take place in Perth, Carlow and Galway



Working with You

Information about Brainwave



To monitor and ensure best practice, Brainwave has a Medical Advisory Group, whose members are:

- Andrea Blower SRN IFNA
- Carolyn Nation MSc MCSP
- Rob Stenner MSc MCSP
- Julie Tighe BA MSc MRCSALT
- Mark Tighe BM MRCPCH



www.brainwave.org.uk

See what we do at: www.youtube.com/BrainwaveCentre
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The techniques Brainwave uses are mainstream, based on the theory of neuroplasticity and delivered by qualified therapists from a range of backgrounds.

- Brainwave helps children with a disability or Developmental Delay. This includes brain injury, genetic conditions and Autism, although some of the children have no diagnosis. Initial Assessments are carried out with children between the ages of 6 months and 12 years but children are also able to attend Brainwave for Reassessments as they reach their teenage ages providing their Initial Assessment was prior to their thirteenth birthday.
- As an independent charity, we have a particular responsibility to make our therapy transparent so that families and medical, social and educational professionals involved with those children are assured that all exercise in the Brainwave Programme are mainstream practice.
- The aim of the Brainwave Programme is to achieve as much progress as possible in all areas: physical, developmental and cognitive and also, to enhance a child's social skills and emotional well being. This is done by designing a structured and manageable series of exercises designed to meet the specific needs of each child.
- To do this, we employ a team of qualified and experienced therapists. The majority of staff are physiotherapists and occupational therapists; some with Bobath training. The therapy team is augmented by staff who have graduated with degrees in psychology and education. Brainwave therapists are also trained in cognitive and communication techniques and these are included in the Programme where appropriate. The varied background of the therapists allows us to take a holistic approach.
- We believe the family home is where children respond best, with the people whose love and care is almost always unparalleled. Our therapists show parents how to carry out each exercise, in what order, for how long and why.
- Our therapists are also able to provide advice regarding positioning of the child throughout the day. Families are provided with a written and visual record of each exercise to take home as well as a DVD of their child carrying out their exercise routine. This is also provided at each Reassessment which takes place every four to six months.
- Only when the therapy team and family are 100% confident the Programme can be delivered successfully, does each visit end.
- Each of the individually designed Programmes are planned to be carried out over a daily 30 minute period. No family is asked to spend more than approximately 6 to 8 hours per week on the Programme. However, we recognise that as children get older the time pressures of school and other activities can make this difficult to complete. Therefore, Brainwave will work with each and every family to adapt the Programme to their child's lifestyle, whilst still providing the opportunity for developmental progress.
- Brainwave provides two full days for an Initial Assessment. During this time, families are encouraged to discuss their unique situation with the assigned team of therapists in the relaxed environment of a Brainwave Centre. These discussions are previously informed by the medical information received from the Consultant, GP or other mainstream provider nominated by the family. We welcome close cooperation with all parties involved in the child's development.
- Essential equipment required for the Programme is provided to the family, free of charge.
- A contribution is invited from each family towards the cost of the assessments but many attend free of charge, especially after the Initial Assessment.

